

Parents & Carers Wellbeing



# Our Children and Smartphones

24/09/2024

8pm

Zoom

Register using the link below:

<https://pajes.org.uk/training-and-events/our-children-and-smartphones/>

“We aren’t giving our children access to the internet, we are giving the internet access to our children.” Jonathan Haidt Educational Psychologist Dr Gemma Handelsman, together with Consultant for Wellbeing, Learning and Digital Habits, Beth Kerr, will offer their understanding of the current research and will provide practical tips on how to navigate and manage the complexities of parenting this generation.

This is a non-judgemental space for parents to feel more empowered and able to make informed decisions and is suitable for parents and carers of primary school children and those in year 7.